**ABOUT S-COPE**

**Statewide Clinical Outreach Program for the Elderly**

S-COPE is an innovative crisis response and clinical consultation team for adults age 55+, who reside in Nursing Facilities or Division of Mental Health and Addiction Services’ (DMHAS) residential settings.

S-COPE is funded by DMHAS and is operated by Trinitas Regional Medical Center.

S-COPE’s mission is to address psycho-geriatric challenges and provide professional training and staff development to insure the appropriate use of acute psychiatric services and effective support of older adults with behavioral and psychiatric challenges.

S-COPE partners with New Jersey Institute for Successful Aging (NJISA) to provide state of the art clinical response throughout the state.

S-COPE is committed to promoting state-of-the-art geriatric behavioral health services within LTC through education, on-site training, workshops and annual conferences.

**Goals of this conference:**
- Identify the unique behavioral health needs of nursing facility residents
- Identify at least three strategies to address effective assessment, treatment, and supports to nursing home elderly who are at risk for presentation to ER’s for behavioral health problems
- Introduce and least benefits list three benefits of the person centered care approach
- Promote effective use of emergency and acute care mental health services

**CONFERENCE FACULTY**

Lucille Esralew, Ph.D., NADD-CC, CDP  
Roni Zarbiv, LCSW, CDP  
Stephen M. Scheinthal, DO, dFACN  
Deborah Klaszky, MSN, APN-C  
Tara Bailey, LCSW, CDP  
Denise Boudreau-Scott, LNHA  
Dr. Richard Jermyn, DO, FAAPMR  
James McCracken, M.H.A., LNHA, CALA  
NJ Office of the Ombudsman for the Institutionalized Elderly

**Conference Coordinator:**  
Leslie Diana, Administrative Assistant S-COPE

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**For LNHA/CALA credits:**

This continuing education program is sponsored conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) continuing education credits accepted by the Nursing Home Administrators Licensing Board. This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for 5.5 LNHA/CALA credits.

**For Nursing credits:**

**CONTINUING EDUCATION CREDITS:**

HRET-NJHA is an approved provider of continuing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Provider Number: P131-1/15-18.

This activity provides 5.5 contact hours.

There are no conflicts of interest, sponsorship or financial/commercial support being supplied for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center’s Commission on Accreditation of any commercial products displayed in conjunction with an activity.

**DISCLOSURE INFORMATION:** Full disclosure will be provided at the educational activity.

**Public Health credits:**

Health Research and Educational Trust has been approved by the New Jersey Department of Health as a provider of New Jersey Public Health Continuing Education Contact Hours (CEs). Participants who successfully complete this educational program will be awarded 5.5 NJ Public Health Continuing Education Contact Hours (CEs).

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**For Nursing credits:**

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Statewide Clinical Outreach Program for the Elderly  
S-COPE

Proudly presents:  
5th Annual Conference  
Crisis in Long Term Care:  
WHO YOU GONNA CALL?  
S-COPE!

**Wednesday, October 26, 2016**  
8:30a.m. – 4:30p.m.

**Location**

Crowne Plaza Monroe  
390 Forsgate Drive  
Monroe Twp., NJ 08831

**Co-Sponsors**

NJ Division of Mental Health and Addiction Services (DMHAS)  
NJ Institute for Successful Aging (NJISA)  
Rowan University - SOM Mental Health Emergency Services Association

[www.scopenj.org](http://www.scopenj.org)

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2015 Award Recipient  
Harvard ASH Center for Democratic Governance and Innovation
PROGRAM

MORNING SESSION

9:15am – 9:30am – Welcoming and Opening Remarks
James McCrath, Ph.D., LCSW, Vice President, Behavioral Health and Psychiatry, TRMC
Valerie Mielke, MSW, Assistant Commissioner, DMHAS
Elyse Perweiler, MPP, RN
Associate Director for Planning, Development & Public Policy, NJISA

9:30am – 11:00am

KEYNOTE

BPSD and the Challenges of Enhancing LTC workforce
An overview on Behavioral and Psychiatric Symptoms of Dementia such as agitation, aggression and psychotic disturbances;
Presenter: Deborah Klaszky, MSN, APN

A Psychiatric Nurse Practitioner; Instructor of Psychiatry, Rowan School of Medicine, Department of Geriatrics and Gerontology, New Jersey Institute of Successful Aging

Participants will be able to:
1. Identify the unique behavioral health needs to nursing facility residents
2. Identify the common theoretical models used to manage behavioral disturbances
3. Describe pharmacological and nonpharmacological interventions for management of behavioral disturbances
4. Describe the importance of providing training on dementia, delirium and depression to health care professionals

11:00am – 11:15am Morning Break

11:15am – 12:15pm – NJ Mental Health Players: Behavioral Health Interactive Showcase
Mental Health Players will re-enact scenarios pertaining to behavioral challenges of Older Adults in LTC. Audience participation and clinical review facilitated by Tara Bailey, LCSW, CDP.

Participants will be able to:
1. Identify presenting signs and symptoms of Dementia, which can be exacerbated by a UTI.
2. Identify three interventions that can be used to address common problems seen in nursing homes.
3. Identify three underlying triggers to resident’s challenging behaviors.

12:15pm – 1:00pm Lunch

AFTERNOON SESSION

1:00pm – 2:30pm - Geriatric Pain Management;
This presentation will provide a comprehensive case study of a geriatric patient. It will provide the differences between Nociceptive and Neuropathic Pain. It will provide methods of pain assessment. It will discuss the various treatments available for pain management.
Moderator: Dr. Richard Jerzem, DO, FAAPMR, Chair, Department of Rehabilitation Medicine, Acting Chair, Department of Osteopathic Manipulative Medicine, Director, NeuroMusculoskeletal Institute

Participants will be able to:
1. Identify the distinctions between neuropathic pain and nociceptive pain.
2. Identify validated clerical questioning and screening tools to recognize patients with neuropathic pain.
3. Define evidence based comprehensive treatment plans for patients with chronic pain in the geriatric population.

2:30pm-2:45pm Afternoon Break

2:45pm – 4:15pm Workshops: (Choose 1 Please)

A) Bullying in LTC. - Moderator: James McCracken, M.H.A., LNHA, CALA; An overview of the services offered by New Jersey Ombudsman Office under federal and state law; will discuss the most common forms of elder abuse and reporting requirements for professional and direct care staff; will identify the types of senior bullying including that occur in institutional settings, the prevalence of senior bullying and how to identify it and stop it.

Participants will be able to:
1. Describe, the function of the Ombudsman’s office and the protections in place for elderly individuals living in long-term care communities imbedded in state and federal law
2. Describe the most common complaints of elder abuse including physical and verbal abuse, financial exploitation, care neglect and involuntary discharge.
3. Describe how to report abuse and who is required by law to report abuse.
4. Identify senior bullying as a specific type of elder abuse that is defined as an intentional and repetitive behavior involving an imbalance of power or strength.
5. Identify three specific types of senior bullying which can range from verbal intimidation to severe physical violence.
6. Identify the sub-types of senior bullying which include teasing, taunting or threatening (verbal), pushing, hitting, stealing or destroying property (physical) and shunning, ignoring, gossiping, mimicking, and encroaching on someone’s personal space.
7. Explain and articulate the role of dementia in senior bullying.
8. Identify at least three ways that long-term care communities and staff can prevent senior bullying.

B) Panel Discussion: The Acute Care System – The continuum of care from presentation to screening center through long term Psychiatric Hospitalization.
This panel discussion will track the movement of older adult nursing home residents from the point of assessment during emergency presentation to admission onto short-term and interim hospital-based inpatient units through longer term hospitalization. The panelists represent the multiple components of the acute care system including psychiatric emergency screening centers, inpatient hospital units, centralized admissions and state hospitals.

Participants will:
1. Identify at least two common precursors to emergency room presentation by nursing facility residents
2. Specify steps taken during screening of older adults for admission to inpatient care
3. Identify the criteria for commitment to short-term care
4. Differentiate Behavioral and Psychological Symptoms of Dementia (BPSD) from severe mental illness
5. Identify goals for treatment during psychiatric inpatient stay
6. Specify at least two factors that signal the need for longer term hospitalization

C) Culture Change: Myths, Opportunities and Reality in Current LTC Systems;
This session will focus on the growing movement towards a cultural change in how we as a society care for our older community members in a way that enhances quality of life as well as ensuring that residents are active participants in their own care. Our panel presenters will focus on culture change, how care and treatment is impacted, Person-Centered approach to care and treatment in meeting the needs of individuals with Dementia and the realities in its implementation in long term care facilities.

Participants will be able to:
1. Identify two to three factors that lead to organizational change in LTC.
2. Describe the roles of Social Services and Nursing staff in implementation of culture change within LTC environment.
3. Describe two common differences between Staff Directed care and Person Directed care.
4. Identify three benefits and core concepts of person centered care initiatives in long term care setting for individuals with Neurocognitive disorders
5. Identify three strategies to engage individuals utilizing the person centered approach throughout the stages of Alzheimer’s disease.
6. Identify three challenges/barriers to administrators and staff in the implementation of culture change and identify three opportunities for transforming long term care provision to the older adult community.
REGISTRATION FORM

Registration Deadline: October 21, 2016

Registration Fee: $65
Includes: Continental Breakfast, Lunch, & Materials.

State Employees: Registration is free
includes breakfast and materials but NO
LUNCH is included

Refund/ Cancellation: Registration fee
less $25.00 will be refunded for any
cancellation up to one week prior to
event date. Questions? Please call 855-718-2699

TO REGISTER:
Please mail out form & make checks
payable to:

TRINITAS REGIONAL MEDICAL CENTER
S-COPE; Attn: Leslie Diana
225 Williamson Street, Elizabeth, NJ 07202

Or fax your form to 908-272-3608 or
e-mail to ldiana@trinitas.org

Target Audience: Mental Health
Professionals, Healthcare Professionals,
Social Workers, Nursing Staff,
Psychologists and Long Term
Administrators. N.J. social workers:
Program designed with intermediate and
advanced content.

REGISTRATION FORM

Select one session:
(Circle one) Would like to attend:

Session: A  B  C

PRINT NAME:

________________________________________________________________________
Title:

________________________________________________________________________
Address:

________________________________________________________________________

Email Address:

________________________________________________________________________
Phone:

________________________________________________________________________

For additional information about the Conference
please contact: Leslie Diana at 908-272-3606;
Certificates of Attendance will be awarded upon
completion of training and program evaluation: 5.5
CEU hours for NJ Social Workers LNHA/CALA and
NJ Mental Health Screeners. CEUs pending
approval for NJ social workers

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Mental Health Emergency Services
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2015 Award Recipient
Harvard ASH Center for Democratic
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