



# Trinitas Regional Medical Center

## TRINITAS REGIONAL MEDICAL CENTER STATEWIDE CLINICAL OUTREACH PROGRAM FOR THE ELDERLY S-COPE PROGRAM

### TOPIC: DELIRIUM 4-PART TRAINING SERIES

**LOCATION:** Via Zoom/ECHO Platform will be used to deliver these trainings.

**DATE:** April 2, 2019, April 9, 2019, April 16, 2019 and April 23, 2019

**REGISTRATION TIME:** (12:30pm – 1:00pm)

**PROGRAM TIME & CE's:** 1:00pm – 2:00pm (4 weeks – 1 hour sessions (240 minutes)

- This course has been approved for 4.0 contact hours from New Jersey State Nurses Association (NJSNA and HRET-NJHA).

**Program is FREE of Charge**

***\*Registration information below***

***THIS TRAINING IS PROMOTED ON-LINE AT [WWW.SCOPENJ.ORG](http://WWW.SCOPENJ.ORG)***

### **PROGRAM DESCRIPTION**

This workshop will equip participants with an overview of the knowledge and skills needed to understand Delirium, Use of CAM as a tool, apply non-pharmacological strategies, and reviewing case studies. Participants will recognize common issues associated with Delirium in elderly. Predominant focus will be on applying non-pharmacological strategies. ZOOM/ECHO platform will be used to deliver these trainings.

**Moderator: Mobin Chadha, LCSW, CAMS-II;** Program Director for the S-COPE Program at Trinitas Regional Medical Center, which serves NJ adults 55+ in nursing facilities. She is a licensed clinical social worker (LCSW), a certified anger management specialist (CAMS-II), and a certified regional trainer for National Task Group. She is also an owner of Life Seva, Counseling and Consultation services. Where she practices as a person-centered psychotherapist focusing on the individual's strengths, empowering them, and helps to effect change. Mobin received her master's degree from Rutgers University School of Social Work. At Rutgers, she served on the Executive Council Board and assist in oversight of 200 volunteers for their mentoring program and budgeting. Mobin has extensive history in behavioral healthcare collaborating with caregivers of specialized populations including I/DD and Dementia. Her work has included providing clinical consultation, crisis response, and conducting statewide trainings. Mobin advocates for managing difficult and complex behaviors using non-pharmacological approaches.

## ABOUT S-COPE

**S-COPE** is an innovative crisis response and clinical consultation team for adults age 55+, who reside in Nursing Facilities or Division of Mental Health and Addiction Services' (DMHAS) residential settings.

**S-COPE** is funded by DMHAS and is operated by Trinitas Regional Medical Center.

**S-COPE's** mission is to address psycho-geriatric challenges and provide professional training and staff development to insure the appropriate use of acute psychiatric services and effective support of older adults with behavioral and psychiatric challenges. **S-COPE** partners with New Jersey Institute for Successful Aging (NJISA) to provide state of the art clinical response throughout the state.

**S-COPE** is committed to promoting state-of-the-art geriatric behavioral health services within LTC through education, on-site training, workshops and annual conferences.

### Learner Outcome & Goals for this workshop:

1. After successfully completing the course, the learner will have an in-depth understanding of delirium in high risk older adults and will be able to list 2 signs and symptoms of delirium in this specific population.
2. After successfully completing the course, the learner will have an in-depth understanding of the CAM Tool and will be able to list two benefits.
3. After successfully completing the course, the learner will be able to list at least three non-pharmacological ways to manage high risk elder adults experiencing delirium.
4. After successfully completing the course, the learner will be able to identify a personal experience with delirium in the high risk older adult, and how the learner will apply new knowledge from the previous programs to their personal experience.

**Successful completion of the course is defined as in-person attendance for 95% of the didactic learning session and a completed course evaluation”.**

### Breakdown of Outline:

1. April 2, 2019 - Week 1: 1Hour: Understanding Delirium (1.0 CE)
2. April 9, 2019 - Week 2: 1Hour: Use of CAM (review tool and benefits of administering) (1.0 CE)
3. April 16, 2019 - Week 3: 1Hour: Non-Pharmacological strategies to manage behaviors associated to Delirium (1.0 CE)
4. April 23, 2019 - Week 4: 1Hour: Review of case studies, discussion, questions, and answers (1.0 CE)

**Target Audience:** Mental Health Professionals, Healthcare Professionals, Social Workers, Nursing Staff, Psychologists and Long Term Care Administrators

**Practice/Content Level:** NJ Social Workers: Program designed with beginning and intermediate content.

### Registration Process:

- Via Telephone: Please inquire with Leslie Diana at 908-272-3606.
- Via Fax: Please, fax in your registration form to Leslie Diana at 908-272-3608.
- Via Email: Please email your registration form to Leslie Diana at [ldiana@trinitas.org](mailto:ldiana@trinitas.org)
- Via Mail: Please mail in your registration form to:  
Trinitas Regional Medical Center – S-COPE Program  
Attn: Leslie Diana  
300 North Ave. 3<sup>rd</sup> Floor, Cranford, NJ 07016

## REGISTRATION FORM

- **Via Telephone:** Leslie Diana at 908-272-3606
- **Email:** ldiana@trinitas.org
- **Fax:** 908-272-3608
- **MAIL INTO:** 300 NORTH AVE EAST; 3<sup>RD</sup> FLOOR, CRANFORD, NJ 07016

**TOPIC:** DELIRIUM 4-PART TRAINING SERIES ON THE FOLLOWING  
**DATES:** APRIL 2, 2019; APRIL 9, 2019; APRIL 16, 2019 AND APRIL 23, 2019;

**PLEASE, CIRCLE WHICH DATE YOU'RE INTERESTED IN.**

**Print Full Name:**

**Phone#:**

**Print Professional Title**

**Print Facility Name &  
Full Address:**

**Print E-Mail Address:**

**For cancellations, questions or concerns, please, call 856-770-6362.**

- *This course is approved by New Jersey State Nurses Association (NJSNA and HRET-NJHA). Certificates of Attendance will be awarded immediately upon completion. **Attendees must attend in its entirety, and complete an evaluation.***

**Important Information Regarding Professional Contact Hours:** For New Jersey State Nurses Association (NJSNA): For nursing credits; Successful completion of the course is defined as in-person attendance for 95% of the didactic learning session and a completed course evaluation. **Important notice: The learner **MUST** complete a survey to receive their contact hours & certificate. Survey link will be sent within 24 hours after the program and it must be completed by the date specified on the email.**

### **CONTINUING EDUCATION CREDITS:**

HRET-NJHA is an approved provider of continuing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **Provider Number:** P131-2/18-21. This activity provides **1.0** contact hours for each program attended. There are no conflicts of interest, sponsorship or financial/commercial support being supplied for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center's Commission on Accreditation of any commercial products displayed in conjunction with an activity.

**New Jersey State Nurses Accreditation Statement:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the American Nurses Credentialing Center's Commission on Accreditation and New Jersey State Nurses Association by Health Research and Educational Trust.

Health Research and Educational Trust is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: P131-2/18-21.

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**DISCLOSURE INFORMATION:**

Full disclosure will be provided at the educational activity.

**COMPLAINTS:** TRMC S-COPE Program is committed to high quality educational program delivery. Attendees, who are dissatisfied with any aspect of the program may inform of their concern in written within 7 days of the event via email to our Program Director, Mobin Chadha 856-770-6362 and communicate their concern. Ms. Mobin Chadha, in turn will handle the complaint in the following manner: Investigate the concern and provide the attendee with a resolution or status report within 72 hours. In the event that the attendee is not satisfied with the proposed resolution, the matter will be referred to Mrs. Leone Murphy, APN, C; Nursing Administrator who will provide a resolution and indicate the resolution in writing to the attendee and to Program Director.

Any attendee not satisfied with the resolution provided by this provider may register their complaints with the approval entity with an option to appeal to their licensing Board if an attendee is displeased with the results of Trinitas' grievance process. A record of the complaint and the resolution will be kept by TRMC/S-COPE Program.

**DISABILITY/SPECIAL NEEDS ACCOMODATIONS:** If you have a special physical (ADA) or dietary requirement and wish to discuss provisions, please contact the coordinator via:

- Email: Please, email your request for registration to [ldiana@trinitas.org](mailto:ldiana@trinitas.org)
- Telephone: Please, call Leslie Diana at 908-272-3606