Statewide Clinical Outreach Program for the Elderly S-CODE

Proudly presents:
6th Annual Conference
There’s No Pill For That, Revisited:
“Mental Health Meets LTC for Older Adults!”

Wednesday, November 8, 2017
8:30 a.m. – 4:15 p.m.

Location
Ramada Plaza Hotel Conference Center Cranbury South
Brunswick
390 Forsgate Drive
Monroe Twp., NJ 08881

Co-Sponsors
NJ Division of Mental Health and Addiction Services (DMHAS)
Rowan University – SOM
NJ Institute for Successful Aging (NJISA)
Mental Health Emergency Services Association

www.scopenj.org

2015 Award Recipient Harvard ASK Center for Democratic Governance and Innovation
Statewide Clinical Outreach Program for the Elderly

S-COPE is an innovative crisis response and clinical consultation team for adults age 55+, who reside in Nursing Facilities or Division of Mental Health and Addiction Services’ (DMHAS) residential settings.

S-COPE is funded by DMHAS and is operated by Trinitas Regional Medical Center. S-COPE’s mission is to address psycho-geriatric challenges and provide professional training and staff development to insure the appropriate use of acute psychiatric services and effective support of older adults with behavioral and psychiatric challenges. S-COPE partners with New Jersey Institute for Successful Aging (NJISA) to provide state of the art clinical response throughout the state. S-COPE is committed to promoting state-of-the-art geriatric behavioral health services within LTC through education, on-site training, workshops and annual conferences.

Goals of this conference:
- Identify the unique behavioral health needs of nursing facility residents
- Identify at least three strategies to address effective assessment, treatment, and supports to nursing home elderly who are at risk for presentation to ER’s for behavioral health problems
- Introduce and list three benefits of the person centered care approach
- Promote effective use of emergency and acute care mental health services

Target Audience:
Mental Health Professionals, Healthcare Professionals, Social Workers, Nursing Staff, Psychologists and Long Term Care Administrators

Practice/Content Level: Beginning and Intermediate

ABOUT S-COPE
www.scopenj.org
Statewide Clinical Outreach Program for the Elderly

CONFERENCE FACULTY
Mobin Chadha, LCSW
Timothy Clyne, BA, MSN, RN, CD
Lucille Esralew, Ph.D., NADD-CC, CDP
Martin Forsberg, MD
Marianna Karounos, DO, MS, FACEP
Natasha D. Moore, Ed.D
Maurice Mulligan, RN, MSN
8:15am – 9:00am
REGISTRATION, CONTINENTAL BREAKFAST

9:00am – 9:30am
WELCOMING AND OPENING REMARKS
James McCreath, Ph.D., LCSW,
Vice President, Behavioral Health and Psychiatry, TRMC
Deborah Hartel, MSW, ACSW
Executive Director |Behavioral Health Services
St. Joseph’s Regional Medical Center
Valerie Mielke, MSW
Assistant Commissioner, DMHAS
Robert Eilers, MD
Medical Director for DMHAS
Anita Chopra, MD, FACP, AGSF, CMD
Rowan University-SOM, Director-NJISA

MORNING KEYNOTE 1.0 CE

Topic: A Clinical and Somewhat Personal Travelogue through Dementia Care and Mental Health Wellness and Recovery for Older Adults;

Brief overview on: The Keynote will review the trends in non-pharmacological interventions for residents with dementia and residents with severe mental illness in LTC and equivalent care facilities from 1973-2017 including the role of S-COPE in promotion of non-pharmacological response to behavioral disturbances.

Presenter: Lucille Esralew, Ph.D., Clinical Administrator & Psychologist CARES & S-COPE for Trinitas Regional Medical Center. Dr. Esralew is Clinical Administrator for two statewide mental health crisis response and outreach teams: Statewide Clinical Consultation and Training (SCCAT), which serves NJ adults with dual diagnoses (MI/DD) and Statewide Clinical Outreach Program for the Elderly (S-COPE), which serves NJ adults 55+ in nursing facilities.

Participants will be able to:
• Describe: Two different subgroups within LTC with distinct behavioral healthcare needs
• Identify: Two reasons to consider non-pharmacological interventions for behavioral disturbance
• Identify: Two ways in which S-COPE promotes non-pharmacological intervention
Break Down of Outline: (Per Duration of Minutes)
- (25 minutes) trends in community-based and facility based care for older adults with mental health disorder
- (20 minutes): top reasons for the use of non-pharmacological interventions
- (15 minutes). Future directions, questions and answers

10:30am – 10:45am  **MORNING BREAK**

10:45am – 12:00pm:  **1.25 CE**

**Topic: Managing Delirium in the E.D., Acute Care and Long Term Care Settings**

**Brief overview on:** Participants will learn to manage Delirium through multiple care situations that include the: Emergency Department; Acute Care Hospitalizations; and Sub-Acute Rehabilitation and Long Term Care.

**Moderator:**  **Leone Murphy, APN-C;** is an Advanced Practice Nurse with extensive experience in Geriatrics and with people with I/DD. She is a Supervisor and Nurse Practitioner for the S-COPE Program at Trinitas Regional Medical Center. Is an Advanced Practice Nurse with extensive experience in Geriatrics and with people with I/DD. In addition, Ms. Murphy is a Professional Trainer and Instructor for the Boggs Center on Developmental Disabilities and an Instructor in Geriatrics and Disabilities for Rutgers University, School of Social Work. She holds a Bachelor of Science Degree in Nursing from the University of Massachusetts, Amherst and a Master of Science Degree in Nursing from Rutgers University Graduate School, Newark.

**Panel presenter's and Titles:**

**Martin Forsberg, MD**
Associate Professor Department of Psychiatry, UMDNJ-School of Osteopathic Medicine
Dr. Martin Forsberg is an associate professor in the department of geriatrics at the New Jersey Institute of Successful Aging at Rowan School of Osteopathic medicine. He is the director of the geriatric psychiatry fellowship and chief of geriatric behavioral health. He provides psychiatric consultation to patients in the community as well as in long term care and assisted living settings. His interests include delirium, behavioral manifestations of dementia and researching the effect of anesthesia on the blood brain barrier.

**Timothy Clyne, B.A, M.S.N, R.N, C.D.P;**
Adjunct Professor, College of Saint Elizabeth; Nurse Manager 4 North Oncology, 9 South MSGU/Palliative Care/Stroke, & Hospital Elder Life Program; Trinitas Regional Medical Center, N.J.  Completed his Bachelor of Arts at the University of Delaware with a concentration in Disabilities Studies. He went on to gain experience in working in various mental health settings at St. Vincent’s Catholic Medical Center while pursuing his Registered Nursing license. He began his nursing career at Trinitas Regional Medical Center working in oncology. He went on to complete his Master’s of Science in Nursing Education at the College of Saint Elizabeth. He currently holds the position of Nurse Manager where he oversees an acute oncology unit as well as a medical surgical unit with a geriatric focus. He has taken the lead in developing and implementing a hospital wide Delirium prevention program for the elderly in the acute care setting. Tim’s passion comes at applying the art of caring to the science of nursing aimed particularly at vulnerable populations. He is an adjunct faculty member at the College of Saint Elizabeth and will be pursuing his Doctorate in Nursing Practice at Drexel University.

**Marianna Karounos, DO, MS, FACEP;**
St. Joseph’s Regional Medical Center Chief, Geriatric Emergency Department; Attending Physician, Department of Emergency Medicine; Earned a Bachelor of Arts in Psychology from New York University and her Doctor of Osteopathic Medicine from the New York College of Osteopathic Medicine. She did her residency training in Emergency Medicine at St. Joseph’s Regional Medical Center in Paterson New Jersey, followed by a fellowship in Geriatric Emergency Medicine at New York Presbyterian/Weill Cornell Medical College. She completed a Master of Science degree in Clinical Epidemiology and Health Services Research at Weill Cornell Medical College, during which time she was name a John A. Hartford Scholar for her thesis work on Alcohol Withdrawal in the Elderly. Currently, she is the Chief of Geriatric Emergency Medicine at St. Joseph’s Regional Medical Center in Paterson New Jersey and sits on the Board of Director of New Jersey ACEP. She is a New Jersey native and lives in Mahwah New Jersey with her husband and three children.
Participants will be able to:

• Identify symptoms of Delirium in high risk older adults
• Identify the differences between Delirium and Dementia in high risk older adults
• Identify non-pharmacologic ways to manage the symptoms of Delirium in high risk older adults

Break Down of Outline: (Per Duration of Minutes)

• Diagnosing and treating older adults with Delirium in the Emergency Department (20 minutes) Dr. Marianna Karounos
• Prevention and treatment of Delirium in the Acute Care Setting (20 minutes) Tim Clyne, R.N., M.S.N.
• Non-pharmacologic management of Delirium in the Sub-Acute Rehabilitation and Long Term Care settings (20 minutes) Dr. Martin Forsberg.
• Questions and answers (15 minutes).

12:00pm - 1:00pm  LUNCH
1:00pm – 2:00pm:  1.0 CE

Topic: New Jersey Mental Health Players Program: Behavioral Health Interactive Showcase

Brief overview on: This program is meant to be an interactional educational piece. The players will depict realistic scenarios involving mental health issues often seen in nursing homes. There will be two different performances each of which will focus on dementia and behavioral disturbances that may be associated with it. The topics that will be acted out are how not to get hit, Personality Disorder, unmet needs. After each scene, there will be an opportunity for the audience to interact with the players and to ask questions about each mental health issue that has been presented. Facilitated by Mobin Chadha, LCSW, is a Clinical Coordinator for the Statewide Clinical Outreach Program for the Elderly (S-COPE).

Mobin Chadha, LCSW; She is a licensed clinical social worker (LCSW), a certified anger management specialist (CAMS-II), and a certified regional trainer for National Task Group. She is also an owner of Life Seva, Counseling and Consultation services where she practices as a person-centered psychotherapist focusing on the individual’s strengths, empowering them, and helps to effect change. Mobin received her master’s degree from Rutgers University School of Social Work. At Rutgers, she served on the Executive Council Board and assist in oversight of 200 volunteers for their mentoring program and budgeting. Mobin has extensive history in behavioral healthcare collaborating with caregivers of specialized populations including I/DD and Dementia. Her work has included providing clinical consultation, crisis response, and conducting statewide trainings. Mobin advocates for managing difficult and complex behaviors using non-pharmacological approaches.

Susan Caputo, LSW; is a Licensed Social Worker with the Behavioral Mental Health and Psychiatry department at Trinitas Regional Medical Center in New Jersey. Susan received her B.A in Psychology with a minor in Health from Kean University, and her Masters of Clinical Social Work from Rutgers University in May 2015 with a certificate in Aging. After interning at a behavioral mental health facility she accepted the MA Clinician position with the State Wide Clinical Outreach Program for the Elderly (S-COPE) with Trinitas, where she works with the geriatric population. Susan collaborates with nursing homes, psychiatric screening centers, APNs, RNs, Psychologists, Behaviorists, Social Workers, Geriatric Psychologists and Professional Counselors to assist with clients who are experiencing dementia related behaviors and psychiatric challenges with non-pharmacological recommendations to decrease problematic behaviors.

Nicole Brown, LSW; is a Licensed Social Worker with the Behavioral Mental Health and Psychiatry department at Trinitas Regional Medical Center in New Jersey. Nicole received her B.A in Psychology with a minor in Health from Kean University, and her Masters of Clinical Social Work from Rutgers University in May 2017. After two years of interning at addiction and behavioral mental health facilities she accepted the MA Clinician position with the State Wide Clinical Outreach Program for the Elderly (S-COPE) with Trinitas, where
she works with the geriatric population. Nicole collaborates with nursing homes, psychiatric screening centers, APNs, RNs, Psychologists, Behaviorists, Social Workers, Geriatric Psychologists and Professional Counselors to assist with clients who are experiencing dementia related behaviors and psychiatric challenges with non-pharmacological recommendations to decrease problematic behaviors.

**Participants will be able to:**
1. Identify two underlying triggers to challenging behaviors.
2. Identify two signs and symptoms of unmet needs of a client with dementia, which can intensify triggers.
3. Identify three interventions that can be used to help de-escalate behaviors commonly seen in older adults with personality disorders.

**Break Down of Outline: (Per Duration of Minutes)**
- Ellen Petroski - (20 minutes). Factors that lead one facility to choose a route towards culture change. The roles of Social Services and Nursing in culture change. The differences between staff directed and person directed care.
- Strategies to engage individuals utilizing the person centered approach throughout stages of Dementia. Challenges faced when implementing culture change, as well as how it affects Nursing home staff. (20 minutes)
- Panel discussion to follow with Q & A…(20 minutes).

**2:00pm – 3:00pm: 1.0 CE**

**Topic: Extension for Community Healthcare Outcomes (ECHO);**

**Brief overview on:** Extension for Community Healthcare Outcomes (ECHO) is an educational and case-based learning model that shares best practices in behavioral healthcare using technology. This workshop will focus on the DHHS-HRSA NJ Geriatrics Workforce Enhancement Program (GWEP) grant that uses the ECHO platform to educate interprofessional teams and caregivers about community-dwelling adults with intellectual disabilities and co-occurring dementia. Participants will observe the use of multi-point videoconferencing technology, case-based learning, and promotion of best practices. An exemplar GWEP ECHO case will be discussed by the interprofessional team and will include engagement of community providers and the audience.

**Moderator:** Eylese Perwiler, MA, MPP, RN; Is an Associate Professor in the Department of Geriatrics and Gerontology at Rowan University School of Osteopathic Medicine, where she serves as Co-Director of the New Jersey Institute for Successful Aging and Co-Director of the NJ Geriatrics Workforce Enhancement Program (NJ GWEP). Ms. Perweiler has a background in critical care nursing, behavioral/mental health, formulation of protocols and guidelines for clinical practice, and possesses a breadth of experience in aging, dementia care, curriculum development, strategic planning, interdisciplinary education, health care, and public policy. She serves on numerous federal and state committees, including the Eldercare Workforce Alliance, the New Jersey Nursing Home Administrators Licensing Board, and the Medicare Board of Trustees for Healthcare Quality Strategies. She has represented both the federally funded geriatrics programs and Area Health Education Centers on the DHHS-HRSA Advisory Committee on Interdisciplinary Community-Based Linkages and recently served as a community moderator for the National Center for Interprofessional Education and Practice at University of Minnesota.

**Panel presenters’ and Titles:**
- Mobin Chadha, LCSW is a Clinical Coordinator for the Statewide Clinical Outreach Program for the Elderly (S-COPE). She is a licensed clinical social worker (LCSW), a certified anger management specialist (CAMS-II), and a certified regional trainer for National Task Group. She is also an owner of Life Seva, Counseling and Consultation services where she practices as a person-centered psychotherapist focusing on the individual’s strengths, empowering them, and helps to effect change. Mobin received her master’s degree from Rutgers University School of Social Work. At Rutgers, she served on the Executive Council Board and assist in oversight of 200 volunteers for their mentoring program and budgeting. Mobin has extensive history in behavioral healthcare collaborating with caregivers of specialized populations including I/DD and Dementia. Her work has included providing clinical consultation, crisis response, and conducting statewide trainings. Mobin advocates for managing difficult and complex behaviors using non-pharmacological approaches.
Kathryn G. Pears, MPPM is a dementia expert with over 30 years personal and professional experience. She has a Master’s degree in Public Policy and Management and an Executive Certificate in Health Care Policy from the Muskie School of Public Service at the University of Southern Maine. Following a 15 year career with the Alzheimer’s Association, Maine Chapter she started her own company, Dementia Care Strategies.

Lucille Esralew, Ph.D., NADD-CC, CDP; Clinical Administrator & Psychologist CARES & S-COPE for Trinitas Regional Medical Center. Dr. Esralew is Clinical Administrator for two statewide mental health crisis response and outreach teams: Statewide Clinical Consultation and Training (SCCAT), which serves NJ adults with dual diagnoses (MI/DD) and Statewide Clinical Outreach Program for the Elderly (S-COPE), which serves NJ adults 55+ in nursing facilities.

Leone Murphy, APN-C; is an Advanced Practice Nurse with extensive experience in Geriatrics and with people with I/DD. She is a Supervisor and Nurse Practitioner for the S-COPE Program at Trinitas Regional Medical Center. Is an Advanced Practice Nurse with extensive experience in Geriatrics and with people with I/DD. In addition, Ms. Murphy is a Professional Trainer and Instructor for the Boggs Center on Developmental Disabilities and an Instructor in Geriatrics and Disabilities for Rutgers University, School of Social Work. She holds a Bachelor of Science Degree in Nursing from the University of Massachusetts, Amherst and a Master of Science Degree in Nursing from Rutgers University Graduate School, Newark.

Jane M. Boyle is active in NTG family support groups and other initiatives related to I/DD and dementia. She has been certified as a NTG “Dementia Capable Caregiver and Trainer.” She has a 40 year career as development and fundraising executive for leading health care and educational institutions. Expert in: major gift, grant development, fundraising management, non-profit board development, public relations, communications, institutional advocacy and external affairs. In 2012, established Jane M. Boyle & Associates to support non-profits in strategic planning, board development, capital campaigns, grant management and fundraising. The practice has evolved into one with a focus on regional and national organizations engaged in human services -- hunger relief, affordable housing, children affected by addiction.

Participants will be able to:
1. Identify the roles of hub members (multi-disciplinary team) and community-based partners in the case-based review
2. Identify 2 best practices shared during the case presentation
3. Define 3 ways ECHO-related technology can support staff and families caring for clients with complex needs rather than referring to a specialist

Break Down of Outline: (Per Duration of Minutes)
- (15 minutes). ECHO video shown and discussion of video.
- (15 minutes). Education on ECHO model and Geriatric Workforce Enhancement Program
- (20 minutes). ECHO interprofessional team discusses sample case consisting of case presentation, clarifying questions for hub and audience, summarizing case, and recommendations for care.
- (10 minutes). Questions and Answer about ECHO model and how facilities and staff can become involved

3:00pm – 3:15pm Afternoon Break
Choose only one (1) workshop below A, B or C

3:15pm – 4:15pm: 1.0 CE

A) Experiencing the Older Adult Multi-Sensory Environment;

Brief over on: The presenter will describe the age-related sensory changes that occur as we grow older, reviewing the concept and interventions for sensory distortion that the older adult may experience due to sensory deprivation or overload. The presentation will allow healthcare workers experience first-hand how older adults may be facing life’s challenges of aging while hospitalized. It makes sense that the more aware of what the older adult may be experiencing, the more effective you will become as a healthcare worker.

Facilitated by Maureen Mulligan, RN, MSN for St. Joseph’s Healthcare;

Maureen Mulligan, RN, MSN; has been a registered nurse for 24 years. Received her RN Diploma from Mountainside School of Nursing, Montclair NJ, BSN from Dublin City University, Ireland And MSN from William Paterson University graduated Summa Cum Laude and received the faculty academic achievement MSN Excellence Award. Maureen worked as a RN/Charge Nurse for 6 years in Dublin City, Ireland; this is where she became inspired to work with the elderly population. When she returned to the United States she worked as an Assistant Director of Nursing Educator for a Long Term Care & Rehabilitation Unit for 7 years, she then received the opportunity to work for St. Joseph’s Healthcare System. Maureen is currently working as a Clinical Education Specialist for St. Joseph’s working 10 yrs., specializing in Geriatrics and the NICHE Coordinator for Geriatrics. Maureen is a public advocate for the elderly, and frequently speaks in the community, local nursing programs and coordinates symposiums for the promotion of best practice for the older adult population.

Blessing Deemua, CDP, MA, Clinician for Trinitas Regional Medical Center S-COPE; has a Masters degree in Psychology from the University of Phoenix, a Bachelor’s degree in General Psychology from Rutgers University and a Diploma in nursing from Middlesex County. I am a Certified Dementia Practitioner (CDP), licensed by the New Jersey State Board of Nursing, and currently in the last few quarters of my core studies for a Ph.D. in Psychology, with a specialization in Health Psychology. She also volunteers with the Piscataway police department Domestic Violence Crisis Intervention Team; She is a mentor for the university of Phoenix alumni and actively participate in Piscataway Middle and High School PTO, and equally volunteer and assist different charities at home in Nigeria.

Participants will be able to:
- Describe age-related sensory changes
- Describe hospital-related sensory overload and sensory deprivation
- Identify the changes associated with aging through simulation

Break Down of Outline: (Per Duration of Minutes)
- (5 minutes) Graying of America, older adults the core customers of healthcare services
- (20minutes) Meal simulation activity of hospitalized elder. Disease entities simulated: Glaucoma, macular degeneration, hemianopsia, cataracts, yellowing of the lens & impaired manual dexterity
- (20 minutes) Assessing and Managing Sensory Distortion, the affects in the acute hospital setting
- (15 minutes) Questions & Answers
3:15pm – 4:15pm: 1.0 CE

B) Helpful Strategies to Facilitate Successful Transitions from Inpatient Psychiatric Hospitals to Long Term Care Settings

**Brief overview on:** Drs. Lebretore and Moore will provide workshop participants with helpful tools to utilize in facilitating the transition of older adults from inpatient psychiatric hospitals to Long Term Care settings. The workshop will include an overview of therapeutic programs, Geriatric Positive Supports (GPS) and ways to effectively communicate resident’s needs. **Facilitated by: Natasha D. Moore, Ed.D., Clinical Psychologist to Ancora Psychiatric Hospital and Brittany Lebretore, Psy., D. Staff Clinical Psychologist 3 Ancora Psychiatric Hospital.**

**Natasha D. Moore, Ed.D., Clinical Psychologist to Ancora Psychiatric Hospital:** joined the Ancora Psychiatric Hospital Psychology Department immediately after completing her pre-doctoral internship at Greystone Park Psychiatric Hospital in December of 2002. She received her Ed.D. in Counseling Psychology from Rutgers University. She is a New Jersey licensed psychologist who is currently the Coordinating Psychologist for Geriatrics where she serves as a psychotherapy supervisor, diagnostic supervisor, and Multicultural Lab supervisor. Dr. Moore’s primary theoretical orientation is psychodynamic and she has specific interests and experience in geriatrics, guardianship, women’s trauma, program development and program evaluation, and multicultural competence training/supervision. Dr. Moore has worked jointly in a hospital and statewide initiative to develop the S.T.A.T. (Staff Trauma Aftercare Team) to support staff that have been injured as a result of a patient related emergency, and the Older Adult Committee (OAC) for the Division of Mental Health and Addiction Services.

**Brittany Lebretore, Psy., D. Staff Clinical Psychologist 3 Ancora Psychiatric Hospital:** received her Psy.D. in Clinical Psychology from Immaculata University after completing her pre-doctoral internship at Ancora Psychiatric Hospital in 2017. She previously earned an M.S. in Clinical Psychology from Loyola University Maryland in 2012. Her primary theoretical orientation is cognitive-behavioral, and she has worked in community mental health, outpatient, inpatient, and partial hospital settings with a variety of patient populations. She is currently an active member of the Older Adult Committee (OAC), which focuses on treatment and services for the geriatric population across NJ state psychiatric hospitals. Her professional interests include geriatrics, severe mental illness, and psychological and neuropsychological assessment. She is currently the covering psychologist on Cedar Hall C, an all-male unit in Extended Care at Ancora Psychiatric Hospital, and is also serving as the Intern Representative for the 2017-2018 training year.

**Participants will be able to:**
- Describe: Approaches to successfully transition older adult patients from inpatient psychiatric hospitals to Long Term Care (Community Wellness and Community Reintegration Programs, Geriatric Positive Supports (GPS), etc.)
- Identify: Communication strategies to manage the transition of patients from psychiatric hospitals to long term care.
- Identify: Group programming across settings for the older adult population.

**Break Down of Outline: (Per Duration of Minutes)**
- Introduction and overview (5 minutes) - Drs. Lebretore and Moore.
- (15 minutes). Description and overview of the Community Wellness Group and therapeutic interventions provided in the inpatient psychiatric hospital setting.
- (15 minutes). Review of the Geriatric Positive Supports and use in the transition of patients from inpatient psychiatric hospitals to long term care settings.
- (15 minutes). 2-5 minute segment of a Reminiscence Group movie, interactive Reminiscence Group exercise, discussion of effective therapeutic programs that can be utilized in long term care settings.
- (10 minutes). Q & A…

3:15pm – 4:15pm: 1.0 CE

C) Cultural Change : Nurturing the Human Spirit While Meeting Medical Needs
Brief overview on: A panel discussion with focus on exploring cultural changes in care provision of elderly individuals in LTC. Panelists will discuss new trends in care practices that seek to enhance the quality of life of residents in LTC as well as encourage active participation in their own care. The principal of client Centered Approach will be discussed, especially as it relates to caring for individuals with Dementia and maintaining the individual's “Personhood”. The opportunities for both residents and staffs to benefit from new strategies and the realities of its implementation will be elaborated upon. Facilitated by Hadasa Prager, LPC Masters Level Clinician for Trinitas Regional Medical Center S-COPE.

Hadasa Prager, LPC; Is a Licensed Professional Counselor with the Behavioral Mental Health and Psychiatry department at Trinitas Regional Medical Center in New Jersey. Dassy received her B.A in Psychology from Touro University, and her Masters of Mental Health Counseling from Touro University in New York in June 2007. After working for three years providing counseling services to the geriatric population in long term care facilities, Dassy began her work providing crisis response through S-COPE. Dassy has been with the State Wide Clinical Outreach Program for the Elderly (S-COPE) with Trinitas for five years where she continues her work with the geriatric population. Dassy collaborates with nursing homes, psychiatric screening centers, APNs, RNs, Psychologists, Social Workers, and Geriatric Psychologists to assist with clients who are experiencing dementia related behaviors and psychiatric challenges. Difficult behaviors are addressed with non-pharmacological interventions and trainings to staff.

Panel presenters’ and Titles:

Ellen Petroski, MSW, LNHA, LSW is a licensed nursing home administrator and has been working in the healthcare field since 1977. For nine years she has been the administrator for Morris Hall in Lawrenceville, New Jersey where she oversees the operation of a 120 traditional skilled nursing facility, a 98 bed assisted living facility and 6 Green House homes.

Kathleen E. Donegan, RN; Director of Nursing for the Felician Sisters of North America. Kathleen earned her Nursing degree in her mid-50’s at Bergen Community College in 2008. She achieved her CDP in 2015, then became a PAC (Coach certified), and went onto becoming PAC (Engagement Certified) in 2016. Kathleen knew that with patience, time, hard work and God, that He would “Make all things possible.”

Donna Lazartic, MBA, LNHA; Executive Director President Green Hill, Inc. As Executive Director and President, Donna Lazartic is responsible for leading Green Hill in its mission of innovation in services, best practices in care, attention to resident quality of life, and partnerships with caregivers that has made Green Hill a first choice of senior living in New Jersey for over 150 years. As author, speaker and thought leader, Donna is frequently called upon to share best practices in all aspects of Aging Services. In addition to being a New Jersey licensed nursing home administrator (LNHA), she holds an MBA in Marketing from Illinois Benedictine University and a BS in Business Administration from The Pennsylvania State University.

Participants will be able to:
1. Identify two to three factors that lead to organizational culture change in LTC.
2. Describe the roles of Social Services and Nursing staff in implementation of culture change within LTC environment.
3. Describe two common differences between Staff Directed care and Person Directed care.
4. Identify three benefits and core concepts of person centered care initiatives in long term care settings for individuals with Neurocognitive disorders.
5. Identify three strategies to engage individuals utilizing the person centered approach throughout the stages of Alzheimer's disease.
6. Identify three challenges/barriers to administrators and staff in the implementation of culture change.
7. Identify three opportunities for transforming long term care provision to the older adult community.

Break Down of Outline: (Per Duration of Minutes)
- Factors that lead one facility to choose a route towards culture change. The roles of Social Services and Nursing in culture change. The differences between staff directed and person directed care. (20 minutes).
• Strategies to engage individuals utilizing the person centered approach throughout stages of Dementia. Challenges faced when implementing culture change, as well as how it affects Nursing home staff. (20 minutes)
• Panel discussion to follow with Q & A…(20 minutes).

See the below pages for: Registration Form, Important Information regarding Professional Contact Hours and Directions

Target Audience: Mental Health Professionals, Healthcare Professionals, Social Workers, Nursing Staff, Psychologists and Long Term Administrators. N.J. social workers: Program designed with beginning and intermediate content.

REGISTRATION FORM
Email: LDIANA@TRINITAS.ORG Fax: 908-272-3608
Registration Deadline: Friday, November 3, 2017
Early registration is advised!
Registration Fee: $75.00

Print Full Name

Phone#

Print Professional Title

Print Facility Name & Full Address

Print E-Mail Address

Registration Fee:
Please make checks payable to: Trinitas Regional Medical Center

$75 includes Registration, Continental Breakfast, Lunch and Materials.

$0 Free for State-Employees (DDD/DMHS) includes: Continental Breakfast & Materials. (Registration is Free; Lunch, is NOT included).

Screeners/PESS Facilities/Students are Free. (NO LUNCH) Includes: Continental Breakfast & Materials. (Students please send in letter from school).

SELECT: One afternoon session of your choice: A B C

Refund/Cancellation: Registration fee less $25.00 will be refunded for any cancellation up to one week prior to event date. Questions or Concerns? Please, call 908-497-9636 ext. 231.

TO REGISTER: Please mail out form & make checks payable to:
TRINITAS REGIONAL MEDICAL CENTER
S-COPE – Attn: Leslie Diana  
300 North Avenue East, 3rd Floor, Cranford, NJ 07016

Certificates of Attendance will be awarded immediately upon completion. Attendees must attend their chosen session, in its entirety, and complete an evaluation for each session they attend as well as conference evaluation. “NJ Social Workers: This conference has been approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #30 Course #1568-1574 from 10/10/2017-10/10/2019. Social workers will receive the following type and number of credit(s): General Social Work Practice 5.25”. For further information and/or grievance please contact Leslie Diana 908-272-3606.

Important Information Regarding Professional Contact Hours

For “NJ Social Workers: This conference has been approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #30 Course #1568-1574 from 10/10/2017-10/10/2019. Social workers will receive the following type and number of credit(s): General Social Work Practice 5.25

Trinitas Regional Medical Center S-COPE, has been approved by NBCC for NBCC Credit. Trinitas Regional Medical Center S-COPE is solely responsible for all aspects of the program. NBCC Approval No. SP-2943.

For LNHA/CALA credits:
This continuing education program is sponsored/conducted by the Health Research and Educational Trust and is in compliance with N.J.A.C. 8:34-7.3 to provide licensed nursing home administrator (LNHA) and certified assisted living administrator (CALA) continuing education credits accepted by the Nursing Home Administrators Licensing Board. This education activity may only be used for continuing education credit and not to meet academic college credits.

This education activity has been approved for 5.25 LNHA/CALA credits.

Screener Recertification: 5.25 TAC continuing education credits.

New Jersey State Nurses Association (NJSNA): For Nursing credits:
Successful completion of the course is defined as in-person attendance for 95% of the didactic learning session and a completed course evaluation. Important notice: The learner MUST complete the survey. Learner has two full business days to complete the online survey monkey. Deadline: November 10, 2017. Certificates will be emailed out on November 13, 2017. https://www.surveymonkey.com/r/7B0D7PZ 5.25 Contact Hours.

CONTINUING EDUCATION CREDITS:
HRET-NJHA is an approved provider of continuing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Provider Number P131-1/15-18.

This activity provides 5.25 contact hours.

There are no conflicts of interest, sponsorship or financial/commercial support being supplied for this activity. Accredited status does not imply endorsement by the provider or American Nurses Credentialing Center’s Commission on Accreditation of any commercial products displayed in conjunction with an activity.

DISCLOSURE INFORMATION: Full disclosure will be provided at the educational activity.

Public Health credits:
Health Research and Educational Trust has been approved by the New Jersey Department of Health as a provider of New Jersey Public Health Continuing Education Contact Hours (CEs). Participants who successfully complete this educational program will be awarded 5.25 NJ Public Health Continuing Education Contact Hours (CEs).

COMPLAINTS:
TRMC S-COPE Program is committed to high quality educational program delivery. Attendees, who are dissatisfied with any aspect of the program may inform of their concern in written within 7 days of the event via email to our Clinical Administrator, Dr. Lucille Esralew at lesrallew@trinitas.org or telephone (908-497-9636 ext. 231) and communicate their concern. Dr. Lucille Esralew, in turn will handle the complaint in the following manner: Investigate the concern and provide the attendee with a resolution or status report within 72 hours.

In the event that the attendee is not satisfied with the proposed resolution, the matter will be referred to Mobin Chadha, LCSW Clinical Coordinator who will provide a resolution and indicate the resolution in writing to the attendee and to Clinical Administrator.

Any attendee not satisfied with the resolution provided by this provider may register their complaints with the approval entity with an option to appeal to their licensing board if an attendee is displeased with the results of Trinitas’ grievance process.

A record of the complaint and the resolution will be kept by TRMC/S-COPE Program.

REFUND POLICY:
For any fee paying educational program offered by TRMC, a full refund less $25.00 is offered for registrants who cancel their attendance up to one week prior to event/program date.

**DISABILITY/SPECIAL NEEDS ACCOMODATIONS:**
If you have a special physical (ADA) or dietary requirement and wish to discuss provisions, please contact the conference coordinator via:

- Email: Please, email your request for registration to ldiana@trinitas.org
- Telephone: Please, call Leslie Diana at 908-272-3606

Ramada Plaza Hotel Conference Center Cranbury South Brunswick
390 Forsgate Drive
Monroe Twp., NJ 08831
(609) 655-4775

**Directions**

**From the North / New York**
New Jersey Turnpike (I-95) South to Exit 8A. Bear left after the tollbooth towards Jamesburg-Monroe. Follow exit ramp. Make the first right into the Ramada Plaza Monroe parking lot.

**From the South**
New Jersey Turnpike (I-95) North to Exit 8A. Bear left after the tollbooth towards Jamesburg-Monroe. Follow exit ramp. Make the first right into the Ramada Plaza Monroe parking lot.

**From the West / Philadelphia**
Pennsylvania Turnpike East to Exit 6. New Jersey Turnpike (I-95) North to Exit 8A. Bear left after the tollbooth towards Jamesburg-Monroe. Follow exit ramp. Make the first right into the Ramada Plaza Monroe parking lot.

**From the Princeton Area**
Follow Route 1 North and turn right onto Scudders Mill Road. At the fifth traffic light make a left onto Dey Road. Continue on Dey Road to the third traffic light and make a left onto Route 535 (Cranbury South River Road). Continue approximately 2 miles; make a right turn onto Interchange Plaza. Follow the road to the end. Make a left turn and continue into the Ramada Plaza Monroe parking lot.

**From the East / New Jersey Shore Area**
Route 33 West to Applegarth Road. Turn right and continue on Applegarth Road (approximately 4-5 miles). Make a left turn onto Forsgate Drive continue approximately .5 miles moving into the left lane to the light. Make a left turn at the light onto Cranbury South River Road. Follow the road and make the first left turn onto Interchange Plaza. Follow the road to the end. Make a left turn and continue into the Ramada Plaza Monroe parking lot.

**From the Garden State Parkway South**
Take the parkway North to exit 105 (Local). After the toll, make a right at the first light on to Hope Road. Stay right and follow sign to Route 18 North. Take Route 18 north to exit 29 - Route 520 (Tennent - Morganville) stay right on ramp. At the light make a right onto Route 520 West. Follow the road crossing over Route 9 continue to the next traffic light. Make a left turn onto (Route 520 West) follow the road to the end (approximately 7-8 miles). At the stop sign make a right turn, to the traffic light. At the light make a left turn onto Forsgate Drive continue approximately 3 miles moving into the left lane to the light. Make a left turn at the light onto Cranbury South River Road. Follow the road and make the first left turn onto Interchange Plaza. Follow the road to the end. Make a left turn and continue into the Ramada Plaza Monroe parking lot.

**From the Garden State Parkway North**
Take the parkway South to exit 129 (Woodbridge). Follow the signs for The New Jersey Turnpike South (I-95). New Jersey Turnpike South to Exit 8A. Bear left after the tollbooth towards Jamesburg-Monroe. Follow exit ramp. Make the first right into the Ramada Plaza Monroe parking lot.